

# Application for Membership



1399 U.S. Highway 22 East Mountainside, NJ 07092 squad@ems22.com 908-233-6338

Thank you for your interest in joining the Mountainside Rescue Squad. The following is a general guide for the membership process.

- Submit your completed application, excluding the letters of recommendation and physical section, to the rescue squad via mail or by placing the application in the squad's mailbox.
- 2. Ask the two persons writing your letters of recommendations to complete and mail the recommendations directly to the squad.
- 3. Ask your physician to complete the Physical section and return it to you to be submitted with your application.
- 4. The Executive Board will review your application at the next board meeting, usually on the first Wednesday of the month.
- 5. You will be asked to meet with the Executive Board at that meeting or the following meeting.
- 6. After the review of the application and the recommendations, the Executive Board will then inform you as soon as possible of your membership status.

Please print the information on all documents neatly and use only a BLACK or DARK BLUE ball-point pen.

## **Application for Membership**

Personal Information	n					
NAME				CHECK IF 18 OR OLDER □		
ADDRESS		CITY		STATE		ZIP CODE
HOME PHONE	CELL PHONE		CELL PHONE PR	OVIDER	EMAIL	
SOCIAL SECURITY NUMBER AND DRIVE	ER'S LICENSE WILL BE	NEEDED UPO	N MEMBERSHIP A	CCEPTANCE		
Employment/Education	tion					
PRIMARY EMPLOYER						
SCHOOL (if student)						
WORK PHONE		SCHOO	OL PHONE (if applic	cable)		
EMERGENCY CONTACT (name/relations	hip/phone)					
Current EMT & Othe	r Certification	ons (if ap	plicable, els	se we will	train new me	mbers)
EMT EXPIRATION & #						
CPR EXPIRATION						
OTHER CERTIFICATIONS						
Please attach copies of all certificat	ions listed above.					
Potovoneos (Plana lint	at land to on the			and and a		Inthony )
References (Please list	at least two pe	opie wno		vell and w	no are not re	
NAME			ADDRESS			PHONE NUMBER
Please forward the recommendation forms to at least two of your references listed above						
Have you been a wee	unhau af ann					
Have you been a me (If yes, give names of squ	mber of any	otheri	rescue sq	uaus:	ring 1	
(II yes, give harries of squ	aus, uates of M	embersm	p, and reast	ni ior leav	ing.)	

**Mountainside Rescue Squad** 

I hereby certify that all of the information I supply in this application is correct application will be reviewed by the Executive Board of the Mountainside Rescreferences, and interview me. I understand that if I am selected for members a background check. I understand that any falsifications on this application or member or be cause for expulsion from the squad if found after my acceptance any other rules and regulations of the Mountainside Rescue Squad.	cue Squad. I understand that they will contact my hip, they will check my driving record, and perform r in my interview may prevent my acceptance as a				
SIGNATURE	DATE				
(IF UNDER 18, signature of parent or guardian is required)					
SIGNATURE OF PARENT/GUARDIAN	DATE				
I release from liability any member, agent, or employee of the Mountainside Rescue Squad who acts and relies in good faith on the information gathered as a result of this application and background check.					
APPLICANT SIGNATURE	DATE				
ADDLICANT NAME (DDINTED)					

### Mountainside Rescue Squad



# Mountainside Volunteer Rescue Squad Official Photo/Interview Information Release Form

l	,					
(please print full name)						
subsidiaries information,	ive the Mountainisde Volunteer Rescue Squad (and its affiliates, related companies) the right to use my name, picture, interview portrait, or photograph in all forms and media and in all manners, imposite or other representations, for use in advertising in print.					
Signature _						
Address: _						
Email:						
Telephone:	Date:					
Additionally, I authorize the right to use my name, picture, interview information, portrait or photograph on any or all web sites or social media pages.						
(initial)	I have reviewed the content (video, written interview, pictures) to be printed or posted and I approve of sharing the information.					
execute the a	ent ent and guardian of the minor named above, and have the legal authority to above release. I approve the foregoing and waive any rights in the premises.  ease print):					
Signature:						
Telephone: _	Date:					

### EMT Physical Activity Requirements

#### **Mobility**

The applicant must have physical abilities sufficient to lift, balance, and carry patients in excess of 125 lbs (250 lbs with the assistance of another person) from initial location to ambulance including negotiating stairs, hazardous terrain, and/or uneven terrain. Safely operate heavy manual/power equipment and drive large vehicles, under extreme environmental conditions.

#### Examples:

- · Enter/exit ambulance without assistance.
- Perform physical activities involved with EMS delivery for up to 12 continuous hours without a break.
- Negotiate hazardous scenes in all environmental extremes including but not limited to light/dark, heat/cold, wet/dry/frozen scenes.
- Must be able to don appropriate personal protective devices (PPDs) without assistance. Examples include but are not limited to gloves, masks, respirators, eyewear, and gowns.

#### **Motor Skills**

The applicant must have the physical ability to perform gross and fine motor skills required in the normal duties of EMS. This includes but is not limited to CPR, bandaging, splinting, childbirth, extrication, oxygen and pharmacological administration, defibrillation, equipment relocation, and patient handling.

#### Examples:

- Perform physical tasks requiring prolonged physical exertion including but not limited to CPR, walking for long periods of time
  while carrying equipment and/or patients, assisting in vehicle extrication, extrication of a victim from the confines of a structure
  (residence, business, industry, or mobile dwelling).
- · Perform physical tasks requiring detailed activity.
- Perform physical tasks requiring walking, crawling, stooping, bending, kneeling, or working prone or supine including but not limited to patient transfer, movement, and extrication.

#### Self-Care

The applicant must have the ability to present professional appearance and implement measures to maintain their own health.

#### Examples:

- Implement universal precaution and other appropriate means of body substance isolation.
- · Wear and function in personal protective clothing.
- · Participate in stress management activities.

#### Hearing

The applicant must have the auditory ability (with or without accommodation) sufficient to assess and monitor patient's health needs, to determine personal danger at emergency scenes, hear requests for aid, and hear verbal orders and instructions from members of the medical care team.

#### Examples:

- Assess breath sounds (qualitative and quantitative)
- Assess blood pressure by auscultation
- Assess sounds associated with upper airway obstruction
- · Hear physician orders via standard radio or telephone links
- Hear dangers/warnings associated with hazardous scenes
- · Hear audible signals during rescue operation
- Hear voices under protective equipment
- Hear Dispatchers communication via standard radio and telephone links
- Hear preceptors instructions and directions
- Hear warning devices on other vehicles that may be encountered during the operation of an emergency vehicle. Examples include but are not limited to approaching sirens, backup alarms, and horns.





### EMT Physical Activity Requirements (cont'd)

#### Visual

The applicant must have visual ability (with or without accommodation) sufficient for assessment, observation, and implementation of patient care, for determination of scene hazards that potentially affect the well-being of self, patient, coworkers, and for driving an emergency vehicle.

#### Examples:

- · Read and understand orders and/or instructions.
- Observe and identify patient signs including but not limiting to paleness (white), cyanosis (blue), erythema (redness), jaundice (yellow), ecchymosis (bruising), swelling, burns, blisters, deformity, hemorrhage, fluid and blood loss, pupillary response, reflexes, hives, and pitting edema.
- Observe patient responses to treatment.
- · Read labels on medication.
- Investigate scenes to determine cause and severity of injury/illness.
- Prepare documentation.
- Perform patient care techniques that require fine visual skills including but not limited to suctioning, pharmacological administration of patient's medications, bandaging, and splinting.
- Perform patient care techniques that require visual skills necessary to prevent injury to other parties including but not limited to: defibrillation, patient handling, extrication, and rescue coordination.
- · Perceive depth such as hives and pitting edema.

#### Smell

The applicant must have olfactory senses sufficient for maintaining environmental, patient, and personal/coworker safety.

#### Examples

- Determine smells contributory to patient assessment such as fruity odors, alcohol smell, and acetone.
- Determine smells contributory to self-preservation and safety of patients and coworkers including but not limited to smoke, burning
  materials, gasoline and noxious fumes.

#### **Tactile**

The applicant must have tactile ability sufficient to assess physical health and perform activities requiring dexterity combined with tactile ability.

#### Examples:

- Palpate pulses (quantitative and qualitative).
- · Palpate blood pressure.
- · Palpate crepitus.
- · Palpate subcutaneous emphysema.
- Palpate rigidity/guarding of abdomen.
- · Palpate edema.
- Palpate anatomical structures to determine normalcy/abnormality.
- · Palpate masses.
- Assess skin temperature and diaphoresis (presence/absence).
- Determine presence of fluid on patients in dark environments.
- Safely handle sharps such as needles and lancets.
- Open medication containers such as prescription bottles and ampules.



Medical Section			
DATE OF LAST EXAM		NORMAL BP	
ALLERGY TO LATEX ONO YES			
IF YES, SEVERITY			
ALLERGIES TO MEDICATIONS			
<b>Physical Limitations</b> (see EMT Physical Limitations)	ical Activities)		
Comments			
Doctor, Nurse Practitioner, or P.	hysicians Assista		
NAME (PRINTED)		PHONE	
ADDRESS	CITY	STATE	ZIP CODE
SIGNATURE			DATE

Dear :		:				
		has	s recently	applied to	become a me	ember of
the Mountainside Rescue Squad. The Rescue Squad is a volunteer organization dedicated to						
providing emergency medical care and emergency transportation to those in need. Committe members are needed to fulfill these needs. Our members receive extensive training and mus						
maintain their skills through ongoing continuing education. Members donate many hours						
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throughout the day and nig	jnt.					
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comments in the following	area would	be apprecia	ted. A retu	rn envelop	be has been e	enclosed
for your convenience.						
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	GOOD	AVERAGE	FAIR	POOR	UNKNOWN	
INTELLIGENCE						
RELIABILITY		٥				
MATURITY		۵		۵		
MOTIVATION						
PROSPECTS FOR SUCCESS						

### **Mountainside Rescue Squad**

AS A SQUAD MEMBER

Comments	
NAME (PRINTED)	
CONTACT PHONE:	
SIGNATURE	DATE

Dear :		:				
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MATURITY		۵		۵		
MOTIVATION						
PROSPECTS FOR SUCCESS						

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NAME (PRINTED)	
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